

# 2026 年 9 月度 ランニングコース予定表

大会・駐車場情報も  
ご確認いただけます

大会開催時：ランニングコース利用不可

| 時間    | 1<br>火 | 2<br>水 | 3<br>木 | 4<br>金 | 5<br>土 | 6<br>日                        | 7<br>月 | 8<br>火 | 9<br>水 | 10<br>木 | 11<br>金 | 12<br>土                | 13<br>日             | 14<br>月 | 15<br>火 | 16<br>水 | 17<br>木 | 18<br>金  | 19<br>土              | 20<br>日                   | 21<br>月 | 22<br>火 | 23<br>水                  | 24<br>木 | 25<br>金  | 26<br>土                        | 27<br>日          | 28<br>月 | 29<br>火 | 30<br>水 |  |  |  |  |  |  |  |  |   |
|-------|--------|--------|--------|--------|--------|-------------------------------|--------|--------|--------|---------|---------|------------------------|---------------------|---------|---------|---------|---------|----------|----------------------|---------------------------|---------|---------|--------------------------|---------|----------|--------------------------------|------------------|---------|---------|---------|--|--|--|--|--|--|--|--|---|
| 9:00  |        |        |        |        |        | 宮前区ドッジビー大会向丘地区大会<br>(第一駐車場貸切) |        |        |        |         |         | 川崎市スポーツ少年団ミニバスケットボール大会 | フロアボールリーグ戦(第一駐車場貸切) |         |         |         |         | バドミントン大会 | 神奈川県バスケットボール川崎支部リーグ戦 | 川崎市長杯小学生バレーボール大会(第一駐車場貸切) |         |         | ミニバスケットボール川崎支部サファイアCUP予選 |         | バドミントン大会 | 宮前区PTA協議会バレーボール交流イベント(第一駐車場貸切) | 宮前区剣道大会(第一駐車場貸切) |         |         |         |  |  |  |  |  |  |  |  |   |
| 9:30  |        |        |        |        |        |                               |        |        |        |         |         |                        |                     |         |         |         |         |          |                      |                           |         |         |                          |         |          |                                |                  |         |         |         |  |  |  |  |  |  |  |  |   |
| 10:00 |        |        |        |        |        |                               |        |        |        |         |         |                        |                     |         |         |         |         |          |                      |                           |         |         |                          |         |          |                                |                  |         |         |         |  |  |  |  |  |  |  |  |   |
| 10:30 |        |        |        |        |        |                               |        |        |        |         |         |                        |                     |         |         |         |         |          |                      |                           |         |         |                          |         |          |                                |                  |         |         |         |  |  |  |  |  |  |  |  |   |
| 11:00 |        |        |        |        |        |                               |        |        |        |         |         |                        |                     |         |         |         |         |          |                      |                           |         |         |                          |         |          |                                |                  |         |         |         |  |  |  |  |  |  |  |  |   |
| 11:30 |        |        |        |        |        |                               |        |        |        |         |         |                        |                     |         |         |         |         |          |                      |                           |         |         |                          |         |          |                                |                  |         |         |         |  |  |  |  |  |  |  |  |   |
| 12:00 |        | ×      |        |        |        |                               |        | ×      |        | ×       |         |                        |                     |         |         |         | ×       |          |                      |                           |         | ×       |                          |         |          |                                |                  |         |         |         |  |  |  |  |  |  |  |  | × |
| 12:30 |        | ×      |        |        |        |                               |        | ×      |        | ×       |         |                        |                     |         |         |         | ×       |          |                      |                           |         | ×       |                          |         |          |                                |                  |         |         |         |  |  |  |  |  |  |  |  | × |
| 13:00 |        |        |        |        |        |                               |        |        |        |         |         |                        |                     |         |         |         |         |          |                      |                           |         |         |                          |         |          |                                |                  |         |         |         |  |  |  |  |  |  |  |  |   |
| 13:30 |        |        |        |        |        |                               |        |        |        |         |         |                        |                     |         |         |         |         |          |                      |                           |         |         |                          |         |          |                                |                  |         |         |         |  |  |  |  |  |  |  |  |   |
| 14:00 |        |        |        |        |        |                               |        |        |        |         |         |                        |                     |         |         |         |         |          |                      |                           |         |         |                          |         |          |                                |                  |         |         |         |  |  |  |  |  |  |  |  |   |
| 14:30 |        |        |        |        |        |                               |        |        |        |         |         |                        |                     |         |         |         |         |          |                      |                           |         |         |                          |         |          |                                |                  |         |         |         |  |  |  |  |  |  |  |  |   |
| 15:00 |        | ×      |        |        |        |                               | ×      |        | ×      |         |         |                        |                     | ×       |         | ×       |         |          |                      |                           |         |         |                          |         |          |                                |                  |         | ×       |         |  |  |  |  |  |  |  |  |   |
| 15:30 |        | ×      |        |        |        |                               | ×      |        | ×      |         |         |                        |                     | ×       |         | ×       |         |          |                      |                           |         |         |                          |         |          |                                |                  |         | ×       |         |  |  |  |  |  |  |  |  |   |
| 16:00 |        |        |        |        |        |                               |        |        |        |         |         |                        |                     |         |         |         |         |          |                      |                           |         |         |                          |         |          |                                |                  |         |         |         |  |  |  |  |  |  |  |  |   |
| 16:30 |        |        |        |        |        |                               |        |        |        |         |         |                        |                     |         |         |         |         |          |                      |                           |         |         |                          |         |          |                                |                  |         |         |         |  |  |  |  |  |  |  |  |   |
| 17:00 |        |        | ×      |        |        |                               |        |        |        | ×       |         |                        |                     |         |         |         | ×       |          |                      |                           |         |         |                          | ×       |          |                                |                  |         |         |         |  |  |  |  |  |  |  |  |   |
| 17:30 |        |        | ×      |        |        |                               |        |        |        | ×       |         |                        |                     |         |         |         | ×       |          |                      |                           |         |         |                          | ×       |          |                                |                  |         |         |         |  |  |  |  |  |  |  |  |   |
| 18:00 |        |        | ×      |        |        |                               |        |        |        | ×       |         |                        |                     |         |         |         | ×       |          |                      |                           |         |         |                          | ×       |          |                                |                  |         |         |         |  |  |  |  |  |  |  |  |   |
| 18:30 |        |        | ×      |        |        |                               |        |        |        | ×       |         |                        |                     |         |         |         | ×       |          |                      |                           |         |         |                          | ×       |          |                                |                  |         |         |         |  |  |  |  |  |  |  |  |   |
| 19:00 |        |        | ×      |        |        |                               |        |        |        | ×       |         |                        |                     |         |         |         | ×       |          |                      |                           |         |         |                          | ×       |          |                                |                  |         |         |         |  |  |  |  |  |  |  |  |   |
| 19:30 |        |        | ×      |        |        |                               |        |        |        | ×       |         |                        |                     |         |         |         | ×       |          |                      |                           |         |         |                          | ×       |          |                                |                  |         |         |         |  |  |  |  |  |  |  |  |   |
| 20:00 |        |        | ×      |        |        |                               |        |        |        | ×       |         |                        |                     |         |         |         | ×       |          |                      |                           |         |         |                          | ×       |          |                                |                  |         |         |         |  |  |  |  |  |  |  |  |   |
| 20:30 |        |        |        |        |        |                               |        |        |        |         |         |                        |                     |         |         |         |         |          |                      |                           |         |         |                          |         |          |                                |                  |         |         |         |  |  |  |  |  |  |  |  |   |
| 21:00 |        |        |        |        |        |                               |        |        |        |         |         |                        |                     |         |         |         |         |          |                      |                           |         |         |                          |         |          |                                |                  |         |         |         |  |  |  |  |  |  |  |  |   |

1周 140m

周回方向は守って使ってね！



1周 140m  
周回方向は守って使ってね！



休館日